



**St John
Ambulance**



London (Prince of Wales's) District

INSIGHT

NOW
July 2011

FUNDRAISING SUCCESS

DIVISIONS EXCEL THEMSELVES TO RAISE MONEY

STADIA CORNER

WE LAUNCH A NEW SPORTING FEATURE

CONGRATULATIONS

THE LATEST APPOINTMENTS, PROMOTIONS AND YOUTH AWARDS

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Operations Duty Officer

For the on-call Duty Officer's
mobile number

0844 880 2311
(and await announcement)

Child or Vulnerable Adult Protection and Member Wellbeing

07921 875055
(or contact the Duty Officer)

Commissioner's Thanks

We've had some excellent news and that is that the Trustees have approved our Vehicle Strategy so we can now move ahead with our replacement programme. We will issue a comprehensive document shortly which will list vehicles to be replaced or adapted to comply with the LEZ requirements. Talking of vehicles, I would just remind everyone that vehicles must be kept in a state of readiness – that is fuelled, clean (inside and out) and fully stocked.

In this issue, please do take time to look at the new Stadia Corner and also find out about the hard work which our Divisions put into fundraising.

With the busy season now upon us, please do all you can to attend at least a couple of events each month. If every Member did this it would help share the load. I am truly grateful for everything you do and your support of events such as Trooping the Colour, Beating the Retreat, the St John's Day celebrations as well as the AEGON and Wimbledon Tennis Tournaments and all the fayres, fetes and festivals too numerous to mention – Thank You.

Ann Cable, Commissioner

Promotions in the Order

The following have been admitted or promoted to the Order of St John:

Officer Brother: Mr Perry Francis Lawlor

Officer Sister: Mrs Helen Mary Webber

Serving Brother: Mr Christopher Richard Purkiss
Mr Anthony Leslie Rowe QPM

Serving Sister: Miss Julia Franz
Mrs June Hatley
Miss Elisabeth Ann Jowett
Mrs Piyanch Martin
Mrs Julie Gwendoline Miller
Mrs Rosemarie Janet Thexton



24-hour Challenge for Harrow First Aiders

Adults and Cadets from Harrow and Harrow Weald Divisions will be putting their first aid skills and stamina to the test when they take part in a 24-hour CPR challenge this month.

They will be attempting to continually perform CPR for 24 hours on July 9th and 10th, starting in Harrow town centre and continuing overnight at their headquarters. As well as collecting donations, they will be training members of the public in first aid.

Rebecca Pollard, who will be taking part in the event, said: 'We're hoping this will be a fun and educational way for us to raise money for our Divisions and to highlight the importance of learning lifesaving first aid skills.'

To support the Division's fundraising appeal, visit www.justgiving.com/harrowsja.



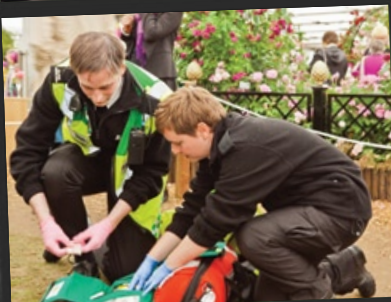
Where We've Been

Ceremonial events leading up to the celebrations for Her Majesty The Queen's Official Birthday kept us busy in early June.

We deployed 12 first aiders and one ambulance for the Major General's Review and 55 first aiders and three ambulances for the Colonel's Review. On June 11, 100 Volunteers and five ambulances were on hand to make sure that Trooping the Colour passed safely. A total of 39 people were treated, and three were taken to hospital.

Our Volunteers were also out at Royal Hospital Chelsea Founders Day, where Chelsea Pensioners were reviewed by HRH Prince Harry.

Later in the month our trained first aiders were at the AEGON Tennis Championships at the Queen's Club before one of our busiest events – Wimbledon – got under way. About 50 of our first aiders were deployed at Wimbledon each day, with doctors, nurses and an ambulance. We have a longstanding relationship with the tournament's organisers and since 1988, we've treated more than 35,000 people at the Championships.



COVER PHOTO SHOWS THE HAMPTON COURT FLOWER SHOW, ONE OF OUR EVENT COMMITMENTS IN JULY.

Volunteer Of The Month



The On-call Duty Officer role exists to ensure that support and guidance is available to Members out of office hours to deal with any difficulties and queries and to deal with urgent enquiries from the general public. It is not their role to routinely respond to requests from the public.

However Bob Chambers recently received a phone call from 82-year-old lady who was given the St John Ambulance number by a Macmillan nurse. She needed her husband, who was terminally ill with cancer, carried down from the upstairs bedroom into the front room which Macmillan had converted into bedroom with airbed and commode. Bob tried to see if any local division could help but none could so Bob and his wife, Ann, drove 20 miles each way to the lady's house to carry the man down the stairs.

Letter of Thanks

(extract of letter received following Chelsea Flower Show)

Just wanted to say thank you for all your hard work and support over the Chelsea Flower Show open period, not to mention the lead up and build period...Wherever I saw the team, it was always smiles and a wave that personally always helped me on my way.

Thanks to all the team, those back at the office, those behind the scenes on site and those who walked miles and miles in the crowd front line...You have a great time. I look forward to working with them again in the future.

From Tim Filner, Event Safety Officer

Youth Awards

Congratulations to the following Youth Members who have achieved their awards recently:-

Grand Prior Award

Charlotte Corbyn	C644 Edmonton
Mary Kate Ah-Foon	C644 Edmonton
Maureen Ah-Foon	C644 Edmonton
Shyam Shukla	C650 Ealing
Seema Shah	316Q Harlesden

Cadet Silver Award

Elaine Gillies	C629 East Ham
Emma Allen	C629 East Ham

Cadet Bronze Award

George Christou	C644 Edmonton
Kimberley Ellis	450Q Erith

Gold Paw Award

Chloe Fleming	Erith Badgers	
Jaeda Smith-Rougier	Edmonton Badgers	

Silver Paw Award

Robert Serpant	Feltham Badgers	
George Austin	Feltham Badgers	

Bronze Paw Award

Peter Knight	Feltham Badgers	
Robert Serpant	Feltham Badgers	
George Austin	Feltham Badgers	
Eve Evans	Teddington Ruggers Badgers	
Aadam Shiekh	Teddington Ruggers Badgers	
Samira Thomas	Edmonton Badgers	

Sid Howlett Staff Officer (Youth) Awards
sid.howlett@london.sja.org

Special Service Awards

600 hours

Shyam Shukla	C650 Ealing
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200 hours

Chris Barker	C630 Upminster & Hornchurch
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100 hours

Emma Friel	358Q Feltham
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50 hours

Amy Beth Macrae	C650 Ealing
Georgia Whittaker	C630 Upminster & Hornchurch
Hope Burrows	C630 Upminster & Hornchurch
Elijah Watson	C630 Upminster & Hornchurch
Faith Cottage	C630 Upminster & Hornchurch
Ami Macklin	358Q Feltham
Henry Kakooza	358Q Feltham
Kelly Field	358Q Feltham
Jason Crutcher	358Q Feltham
Martin Ware	358Q Feltham
Shelley Rendell	358Q Feltham

Promotion Warrants

Leading Cadet

Joanna Freeman	334Q Friern Barnet
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Cadet Sergeant

Michael Warner	334Q Friern Barnet
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Cadet Corporal

Darrell Rowland	334Q Friern Barnet
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Appointments and Promotions

Promotion

Richard Cowell	Corporal	304Q Hampstead*
Antony Lunn	Corporal	324Q South Hillingdon*
Julie Morgans	Corporal	196C Richmond, Watney Mortlake Division

Confirmed Appointment

Christine Bunn	Assistant Badger Leader	East Croydon & Addiscombe Badger Sett
Rosemary Simpson	Assistant Badger Leader	East Croydon & Addiscombe Badger Sett
Karen Hall	Assistant Badger Leader	Teddington Ruggers Badger Sett
Douglas Croxall	Borough Officer	Unit Support London District Officer Grade 4
Eve Makewell	Staff Officer Operations	Operations London District Officer Grade 5
Artur Rynkiewicz	Vice President	447Q London Polish*
Valerie Wilson	Deputy Unit Leader	C696 East Croydon & Addiscombe Cadet Div.

Acting Appointment

Matthew Codling	Staff Officer	Medical Logistics London District Officer Grade 4
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*Quad Division

Cadets Learn about Cycle Response Unit

Highgate Badgers and Cadets have been given the chance to find out more about the Cycle Response Unit.

Led by Nuno Alves ASO (Training and Development) London District CRU, they began by conducting an interactive session on road and cycling safety with the Badgers for an hour before working with the Cadets for the rest of the evening. After a brief introduction to the CRU, Cycle Responders Andre Dubois and Kerrie Eichenberger demonstrated the equipment that they carry on their bicycles, describing their use and the types of incidents they attend. The Cadets then got to see some of the equipment in action as they participated in first aid scenarios. The CRU spent three hours at Highgate and it was an enjoyable night for all.





Stadia Corner

From next month, we will be including a new feature in Insight Now, looking in turn at each of the stadia in London where St John Ambulance provides first aid cover. We will be including information such as how to register an interest in attending an event, how to get there and where to report on arrival.

We are always looking for more people to assist at stadia duties, so any offers of assistance will be gratefully received.

As a general rule, the following applies at all our stadia:

- Members must have obtained permission from their Unit Leader before attending.
- Members must attend in full uniform.
- All Members are to have ID cards.
- Remember to bring a first aid kit and radio if available, don't assume one will be provided.

Some venues have limited access for security purposes, so it is important that you register your intention to attend the event before the day via DIPS. Two weeks' notice is ideal to enable the stadia management team to plan resourcing.

Please ensure both the 'Divisions providing cover' and the 'Pre-book Members' tabs are completed in DIPS, with numbers attending from your Unit and their names.

If you have any questions about duties at a particular stadium, please contact either the Stadium Duty Management Team or your local Operations Officer

Having Volunteers Run For Charity

Badgers, Cadets and Adults from Divisions in Havering took part in a fun run this month to raise money for their Divisions.

Five Members ran five miles, all finishing within an hour, some dressed in fetching outfits. The photos show (L-R) Hope Burrows, Steven Brewster, Adam Walker, Stephen Spendley and, hiding from the photo, Tom Pocock.

Another 20 Members did the 3km fun run and while not everyone would have described it as 'fun', all completed the course before the rain started, which was a great achievement. Over £500 has been raised from this event so well done to all the participants and many thanks to all those who sponsored runners.



Taking to the Skies for Badgers

When Barnet's Divisional Superintendent Shelley Millar offered to raise money for Barnet and Friern Barnet Badgers, she didn't really think she'd be jumping out of an aeroplane, but that was exactly what she ended up doing.

Thanks to Trevor Davies (husband of Friern Barnet Member Tracy) and the Royal Artillery's Black Knights Parachute Display Team, Shelley completed a tandem skydive from 14,000 feet at Airfield Camp, Netheravon, Wilts, and family and friends were there to witness it. You can see her skydive online at www.watchmyskydive.com, search for Shelley Millar.



Christmas Card Competition for Cadets & Badgers

Reminder - the closing date for entries is 31st July. Full details of how to enter were published on page 4 of the May issue of Insight Now.

Vacancies

Assistant Staff Officer (Operations) - North West London

Due to recent promotion, a vacancy now exists for an Assistant Staff Officer (Operations) with responsibility for the Boroughs of Hounslow, Hillingdon, Hammersmith, Fulham and Kensington and Chelsea. Reporting to the Staff Officer (Operations), the successful candidate will be the first point of contact between Units and the London District with regard to operational matters. He or she should be mobile and prepared to make regular visits to Units and to represent the department at Borough meetings. Contact Hazel Mortimer or Innes Mason at hazel.mortimer@london.sja.org.uk or innes.mason@london.sja.org.uk.

Unit Leader - Highbury

Highbury Division has a vacancy for a Unit Leader. The Division sits in the heart of Islington, meeting in the shadow of the Emirates Stadium. The Adults are a confident, energetic and diverse group who enjoy going on duties and training. The Division requires an enthusiastic person to take on this challenging post and this would be a fantastic opportunity for development. The Borough is a close knit team, and support is available both here and within the Division. Contact Borough Officer Camden & Islington Thomas.Webster@London.sja.org.uk or on 07730 638724

Unit Leader and Deputy Unit Leader - Chadwell Heath Cadet Division

A Unit leader and Deputy Unit Leader are required to lead and develop this growing Cadet Division. The successful candidates should be committed to building links with the Chadwell Heath Adult Division. They should also be committed to the development of Cadet and Youth Members and be willing to train and develop them within the remit of the division and forward into the Adult Unit. The candidates should be willing to undertake personal development in Youth Leadership and other courses as required.

Contact Ann Chamber, Borough Officer Redbridge, on 07870515260.

Staff Officer – Technical Advancement

The London District Operations Department is currently recruiting for the role of Staff Officer - Technical Advancement to supply regular advice on all matters to do with Technical Advancement. Responsibilities will include liaising with the Technical Logistics Unit to ensure relevant equipment, channels and repeaters are available, includes a plan for servicing / re-programming, representing London District on the National Technical Advisor Group as well as managing all financial matters of the Technical Logistics Unit. Contact chris.phillips@london.sja.org.uk

Fancy a New Challenge as a Cycle Responder?

This month the Cycle Response Unit opens its doors again to prospective members. Are you a regular cyclist? Do you have at least one year's operational experience at Advanced First Aider level or higher - and hold a Medical Gases qualification? Do you fancy something new and exciting for your Volunteering?

Open evenings (7-9pm) take place on 13th and 21st July at our central London base near Barbican.

Ashley Sweetland, Staff Officer (Cycle Response Unit) said: "The evenings will provide interested volunteers with more information on CRU, minimum requirements as well as enable you to meet some of the team. Attendance at a briefing evening is the initial prerequisite to joining the team and is followed by an interview, fitness and cycling assessments". There are both secondment and direct member opportunities. To register for a place please e-mail Cycle-Unit@london.sja.org.uk as soon as possible.

Service Delivery Team Leader (Haringey)

We are looking to appoint an enthusiastic and committed individual to join the leadership team of this brand new operational unit in Haringey, North London.

This role would be to eventually lead a team of volunteers planning and delivering first aid event cover within the local community and helping at pan London events. Including would be involvement with St John Ambulance's on-going coverage at the local Premiership Football Stadium, Tottenham Hotspurs based in the Borough.

If you are interested in applying for this post contact Tony Gibney, Borough Officer on 07736 516552 or email for an informal discussion.

Training Standards Team

An opportunity for another Training Standards Advisor to join the team. Applicants should hold minimum qualification of CTLLS or equivalent and have considerable training & assessing experience. TSA's are required to support other trainers and assessors by carrying out observations and helping with CPD events. This role may be carried out alongside other volunteer roles. Excellent computer skills would be advantageous. Further information from Angela Gannon on 020 8422 9517.

How to Apply

Deadline for volunteer vacancies is Monday 25th July. Application forms, which can be downloaded from the Member's website, should be forwarded to megan.schenk@london.sja.org.uk or tel 020 7258 7034.

Paid Opportunities – Freelance First Aiders

Do you enjoy going to different places every day and working at a variety of different events and workplaces?

Are you flexible and prepared to work all over London? If the answer is yes then we may have the work opportunities for you. Due to an expanding workload we are currently looking to recruit first aiders to join our team of freelancers. We have a wide variety of work available at flexible hours 7 days a week.

If you are interested in applying and want to find out more please contact Emma on 0207 258 7019 or email events@london.sja.org.uk and we will send you an application pack. There is no closing date as we are constantly looking for new people to join our team.

Here to Help You and How You Can Help Us

Recent HCQ's

HCQ Number	Title	Action Required
HQC 22/11	Instructions for completing County Volunteering responsibilities	All action will be taken at LQHQ as it relates to County Strategic Plan – no action required at Unit level

Low Emission Zone Requirements

As many of you will be aware, phase three of the Low Emission Zone comes in to affect from 3rd January 2012. The introduction of phase three affects vehicles above 1.25 tonnes and therefore has a direct impact on 57 of our vehicles. 26 of these vehicles are being replaced during the course of 2011 and the remaining 31 are required to have a special abatement filter installed to be compliant with this legislation.

An Oxford-based company specialising in the control of vehicle emissions has been commissioned to undertake the fitting of these filters between July and October. The custodians of the affected vehicles shall be contacted in due course by members of London District's fleet team to arrange for the vehicles to be collected and delivered in order to ensure that we complete this vital project within the set timescale.

We appreciate your cooperation.
Martin Henderson, Deputy CEO



An Implementation Group chaired by Dave Bell, Assistant Commissioner (Operations), now meets regularly every month and is driving a series of workstreams to prepare us in London for the additional workload we expect next year as a consequence of the range of national and international events that will be taking place. The diary of anticipated events is being regularly updated as information is made public, recently this has included events connected with the Queen's Diamond Jubilee.

It is crucial that we get to know the likelihood of Members' availability to undertake event cover, is this likely to be more or less than currently. We know, for instance, that some Members work in organisations like transport or the NHS where there will be pressures in any case and requests for leave may not be granted. To this end we are starting to survey Members at some of our major events to give us a better idea of what our available people resources might be. We ask you to co-operate fully and help us to be able to continue to make a difference.

Unit Leaders can really help by finding out the likely dates in 2012 of any local events – that you may have covered for many years. We want you still to be able to cover them but we need to add the information into our database. We are also aware that locally some events that may have been traditionally held on a particular weekend will be moved to another date just for 2012 so as not to clash with a bigger event elsewhere in London.

Medal Mounting

From time to time members ask about where to get their medals economically and quickly mounted. St John Supplies recommends use of its Regalia supplier:

Toye Kenning & Spencer Ltd

**Regalia House
Newtown Road
Bedworth**

Warwickshire CV12 8QR

Tel: **024 768 8800** – Ask for Carol Walker

Recent experience by some London members has been very positive and we are pleased to pass on this recommendation.

Date for your diary

The Badger of the Year competition for 2011 will be held on October 23rd at York Street. Information and entry forms will be sent out in due course.

Clean Means Clean

Since registering our Ambulance Services with the Care Quality Commission we have been giving detailed attention to exactly what we will need to do on an ongoing basis to remain compliant. Readers will be fully aware of the importance given to cleanliness in all aspects of healthcare these days.

Not only is this important from an infection prevention and control perspective, but it gives confidence to the public who turn to us for help and care. It is essential that our ambulances and treatment centres are not only clean but seen to be spotlessly clean. We recognise that not all our vehicles are kept in locations that make thorough cleaning easy and this is under detailed investigation at the moment to ensure we can give you the tools (running hot & cold water and cleaning solutions) to achieve best results. However we would urge that at the start of every day's duty, some time is spent making sure our vehicles, treatment centres and equipment really are clean. The public have often given charitably to help us have modern equipment so we need to play our part in ensuring that they kept well maintained and clean.

This page contains the list of forthcoming major events for 2011. The primary method of offering resources for any of these events is via your Unit Leader on DIPS. Please note, we are not currently taking bookings for events without a DIPS number, once we have further information on these events such as times and resources required they will be added to DIPS and Unit resources will be accepted. Notification will be sent out via the Operations Email Mailing Lists when these events are available (please contact your area Operations Officer if your division is not on the mailing list). We look forward to seeing you on duty during the year.

On-Call Duty Officer

Please note the out of hours On-Call Duty Officer number is **0844 880 2311**.

JUL



**4th - 10th
Hampton Court Flower
Show**

07.30-17.30 DIPS 2011/1870-1877

The show at Hampton Court Palace is the world's biggest flower show and features everything the passionate gardener could want to know about starting their own home-grown paradise. This year's show includes the RHS Edible Garden, a Wonderland of Roses and a Swinging Sixties floristry and fashion show. London District will have about 40 Members, three treatment centres and two ambulances at the event each day.

**23rd & 24th
Ben and Jerry's
Summer Sundae**

Clapham Common
DIPS 2011/3206: 2011/3207

**30th & 31st
London Triathlon**

Excel
DIPS 2011/1394: 2011/1395

AUG

**6th & 7th
Dextro World Triathlon**

Hyde Park
DIPS 2011/3209 and 2011/3210

**6th - 13th
District Camp**

Suffolk

**28th & 29th
Notting Hill Carnival**

0745 - 1300
DIPS 2011/3089: 2011/3090

SEP

**10th & 11th
Thames Festival**

The South Bank
DIPS 2011/3358: 2011/3359

**10th & 11th
Proms in the Park**

Hyde Park
DIPS 2011/3354: 2011/3355

**25th
Run to the Beat**

Greenwich
DIPS 2011/3361

OCT

**9th
Royal Parks Foundation
Half Marathon**

Royal Parks
DIPS 2011//3362

Send your photos and stories to the Insight team at insight@london.sja.org.uk. The deadline for July Insight is **Monday July 11**.